CFN editor-in-chief Brian McCall interviews Fr. Jeffrey Jambon about his recently published book, *Ignatian Meditations* (Romanitas Press, 2021).

Having made and preached the Spiritual Exercises of St. Ignatius Loyola throughout his priestly life, Fr. Jambon discusses how he turned his retreat notes into this valuable resource. If you are not familiar with the treasures of the Spiritual Exercises, this interview will inspire you to learn more. If you are familiar, you will learn about a resource you can use to keep the retreat alive throughout the year.

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